

Healing Our Deepest Relationships

No joys are greater than those that come with our deepest relationships; no wounds are deeper. We seek bonds where we can trust others and they can trust us. But what is reasonable to expect? What should we forgive? What leads to love and harmony and what takes us down the road of discord and dissolution?

Over three days, Master Teacher Sangeet Kaur Khalsa will immerse us in the fancy, the folly and the realities of many types of relationships. She will focus on our expectations, our language, and behaviors and give us tools to relate more consciously, courageously and compassionately with everyone.

Most importantly she will help us forge a sacred relationship with ourselves, our inner child as well as the person we are now. The goal will be to establish a new lifestyle of authenticity that will free us from past hurts and allow us to navigate the future in a happier and healthier way.

We will begin each morning rising before the sun to enjoy easy yoga and beautiful chanted meditations. Sitting out on the great lawn, we will gain inspiration from the sights and sounds of nature.

Among us will be ladies attending Womanheart for the first time, along with many who have returned to immerse themselves in a fantastic sisterhood.

Sangeet Kaur Khalsa

Sangeet founded Womanheart in 1991. She is an internationally certified Senior Lead Trainer in Kundalini Yoga, having trained directly with Yoga Master Yogi Bajan. Sangeet is also a beloved healer, counselor and Reiki Master-Trainer for nearly two decades. Her first book, *Womanheart – Healing Our Relationships, Loving Ourselves*, is now in its second edition. Sangeet's second book, *The Blessings Code*, is eagerly anticipated later this year and delves into her insightful numerology system.



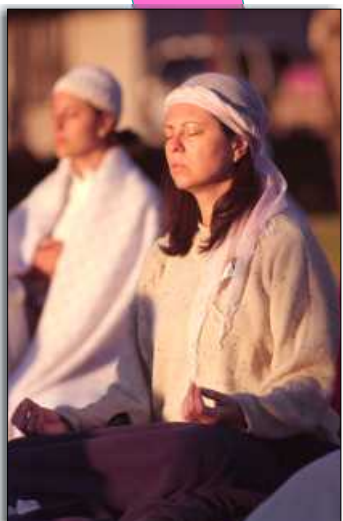
An Oasis in the Desert

We are returning to the charming, rustic and intimate dude ranch nestled under giant buttes along the banks of the Salt River flowing from nearby Saguaro Lake in the Superstition Mountains. The individual cabins feature double accommodation and private bath. Our sessions will be held in the main lodge and our beautiful sunrise morning meditations on the verdant lawn. A pool offers added enjoyment along with river rafting, horseback riding and hiking. Simple and nourishing vegetarian food is served daily.

Register Now for Discounts

Space at the ranch is limited, so register early to get the best discounts! See the registration form on the back for registration details. Or you can call our office at (602) 265-9096.

(602) 265-9096 • toll free (888) 966-2643
www.womanheart.com • Registration Form on Back



Womanheart[®] May 7-9, 2010

Immersion Registration & Related Details

Saguaro Lake, AZ
(near Phoenix, AZ)

Dear Womanheart Registrant,

Please note the Retreat begins Friday, May 7th with check-in from 8:00-9:00 a.m. The opening session begins at 9:30 a.m. Womanheart ends Sunday, May 9th at 3 p.m.

1 YES, I WANT TO REGISTER NOW!

MY NAME: _____

Address: _____

City: _____ State: _____

Zip: _____ Email: _____

Phone #: _____ Fax #: _____

MY FRIEND: _____

Address: _____

City: _____ State: _____

Zip: _____ Email: _____

Phone #: _____ Fax #: _____

3 PAYMENT INFORMATION

Check / Money Order enclosed (payable to The Healing Source)

Credit Card—circle one:    

Card #: _____

Expires: _____ Amount to Bill Card: \$ _____

Authorized Signature: _____

Print Name as on card: _____

2 CHOOSE PAYMENT OPTION

Early Registration (received by April 16, 2010)

- Single:** \$565
- "Bring a Friend":** \$545 each (two paying together)
- Seniors (60+), F/T Students, & Teens:** \$545

Regular Registration (received by April 30, 2010)

- Single:** \$585
- "Bring a Friend":** \$565 each (two paying together)
- Seniors (60+), F/T Students, & Teens:** \$565

No-Interest Time Payment Option:

- \$250 initial deposit by April 30, 2010 plus three monthly payments of \$111.50 each on 6/20, 7/20, and 8/20/10. (Same total price as "Regular Registration-Single".)


4 SIGN HERE


I have read and agree to the "Details" section below.

SIGN HERE: _____ DATE: _____

5 CALL, FAX, or MAIL THIS FORM

 **CALL 1-888-WOMANHEART** (1-888-966-2643) with your credit card.

 **FAX** this completed form with credit card info to: 1-602-265-9097

 **MAIL** this completed form with payment (credit card information, check, or money order, no cash) to: The Healing Source, POB 22045, Phoenix, AZ 85028

DETAILS

"BRING A FRIEND" DISCOUNT: The "Bring a Friend" Discount means that when you and a friend register together each of you saves on your registration fee. The easiest way to take advantage of this discount is for both of your registration fees to be paid together on this one form. However, we realize this is not always possible. So, if you and your friend choose to pay separately, both payments must be received by the Early Registration or Regular Registration date, as you choose.

This means, for example, if you and your friend are registering for Early Registration but one of your fees misses the Early Registration deadline, then both of your tuition fees will automatically be considered at the Regular Registration rate. If your friend fails to register at all, then in effect you are registering by yourself, and the "single" rate applies. Any balance will need to be paid before the Retreat.

REGISTRATION FEE: The registration fee includes the costs of the course, two nights lodging (Friday, and Saturday), seven meals featuring vegetarian cuisine, taxes and gratuity. Rooms are double occupancy with private bath.

NO-INTEREST PAYMENT OPTION: The "No-Interest Payment Option" requires an initial payment of \$250 by April 30, 2010, the "Regular Registration" deadline, and three monthly payment of \$111.50 due on June 20, July 20, and August 20, 2010. The total fee is based on the "Regular Registration - Single" amount. You will need to complete a simple form agreeing to the payment plan and authorization of The Healing Source, Ilc to charge the three monthly payments to your credit card.

REFUND POLICY: A refund request must be in writing and received via either mail or fax. Email, voice mail, answering machine, in-person, or other forms of requests for refunds will not be accepted. If the written request is received at least 35 days before the start of the Retreat, the amount paid for tuition, lodging and meals, minus a \$100 administrative fee, will be refunded. If the written request is received 34 to 21 days before the start of the Retreat, the amount paid for tuition, lodging and meals, minus a \$200 fee, will be refunded. There are no refund requests granted less than 21 days before the start of the Retreat. No-shows and anyone leaving early for any reason are not eligible for a refund. The Healing Source, Ilc, its employees, volunteers, and agents cannot be held responsible for transportation, lodging, meals, and other expenses. Our mailing address is: The Healing Source, PO Box 22045, Phoenix, AZ 85028. Our fax number is (602) 265-9097.